

POTOMAC  
SHORES



# Potomac Shores Trail Run / Walk 5K | 2K October 20, 2018

**Sponsored by Potomac Shores HOA  
Trails Committee**

**Races Starts at 3:00 PM**

**Location:** The 5K and 2K will start and finish at the Potomac Shores Social Barn. On race day, all participants must check in with race officials 30 minutes prior to the start of their race.

**More Info:** Contact the Social Committee at: [trailspotomacshores@gmail.com](mailto:trailspotomacshores@gmail.com)

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## Registration Information – Potomac Shores Trail Run/Walk 5K | 2K Trail Walk 2018

Name \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Street Address \_\_\_\_\_ City & Zip \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I assume all risks associated with running this event. I, for myself, and anyone entitled to act on my behalf, waive and release the Potomac Shores HOA and all representatives, sponsors and volunteers, for all claims or liabilities or any kind arising out of my participation in this event.

\_\_\_\_\_  
Participant Signature (parent/guardian if under 18)

\_\_\_\_\_  
Date